

### VOLUNTEER BRIEFING AND INFORMATION

Firstly, **thank you** for volunteering to help with the Viridian Daventry Sprint Triathlon. Club triathlon events only exist because of the help, support and input that volunteers give, so we would not be able to stage an event like this without your help. On behalf of Rugby Triathlon Club, many thanks.

The information below should be read prior to the 17<sup>th</sup> September, to help you prepare for the day. Daventry Leisure Centre is at postcode **NN11 4FP**.

1. You should have already received contact from your team leader for the day. They will tell you specifically where you need to meet and at what time. If you have not heard anything by **Thursday evening** before the race, please email [garryhaynes@hotmail.com](mailto:garryhaynes@hotmail.com)
2. **Car parking** for all race marshals is on the **Chaucer Way Car park** (see below). To ensure the safety of competitors and to ensure that we keep the local community on our side, please use this car park only. It is approximately a 5 minute walk from the car park to the finish area of the race.



3. The race starts at 7:30 am on Sunday. However, we have an extensive build to complete before race start, and so if you are available to help on **Saturday evening** from 6:00 pm, or very early on **Sunday morning**, we would really appreciate your help. Please contact Alice at [alicebelch@hotmail.com](mailto:alicebelch@hotmail.com) if you can help earlier. If you just want to help at the race itself you will need to be at the front of the Leisure Centre by 6:00 am on Sunday, unless told otherwise by your team leader. This is to ensure we can give you your briefing and make sure that you have everything you need for the race.

4. As a thank you from the club for helping, you will be able to collect a food voucher from registration, to be used at the Leisure Centre café for food and drink. If you are out on the course and away from the finish area, we recommend that you collect your food before you leave for your marshal position. If you don't manage to, your team leader will bring food and drink to you.
5. On the day of the race, we have tried to plan for every eventuality. However, the weather is unfortunately out of our control, so for your own comfort, we would recommend that you bring:
  - a. Waterproofs
  - b. Warm clothing
  - c. Sunglasses
  - d. A mobile phone
  - e. Your own water and a flask of hot drink
  - f. Additional food if you need it
  - g. A fold-up chair (if you are in a marshal position that is safe to use it)
  - h. A loud voice to cheer on the competitors!
6. You will be given a competitor list of names and numbers - this is for two reasons. Firstly, if you see a competitor doing anything that you consider to be dangerous or insulting (either to other competitors or the public), please make a note of their name and number, so that the referee can deal with this. We want to make the race safe and popular. Secondly, when you see a competitor, check their number and then **shout out their name and give encouragement**. This can make a big difference to competitors, especially when they are tired, and it puts a personal face on your role as someone making the race happen.
7. Finally, we expect the race to be finished, with race closedown completed, by 1 pm at the very latest. To say thanks for helping, we will be having our post – race party close to the Leisure Centre. Please come along and enjoy the food and drink on offer. The maps below are for your reference. However, more information on the race can be found at [www.rugbytriathlon.org.uk](http://www.rugbytriathlon.org.uk). As before, if you can help us by taking down equipment and kit after the race, we would really appreciate it.

# Viridian Daventry Sprint Triathlon

## VOLUNTEER INFORMATION

  
rugby triathlon club  
Sunday 17<sup>th</sup> September 2017

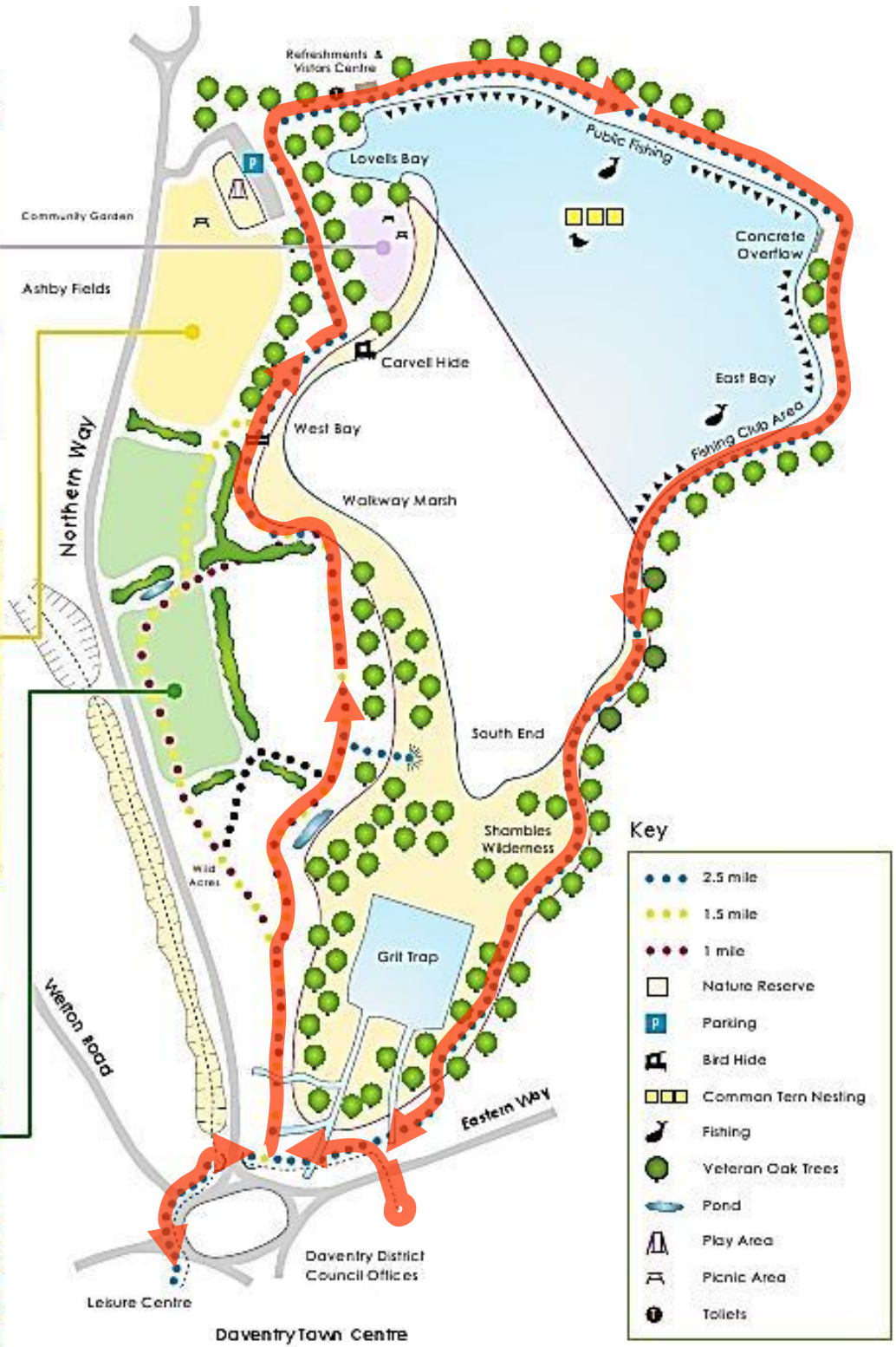
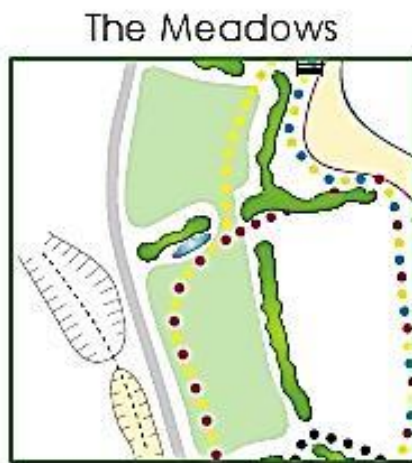
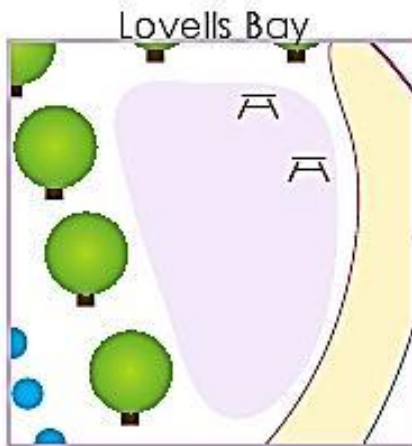
### Cycle route



# Viridian Daventry Sprint Triathlon

## VOLUNTEER INFORMATION

### Run route



**Key**

- 2.5 mile
- 1.5 mile
- 1 mile
- Nature Reserve
- P Parking
-  Bird Hide
- Common Tern Nesting
-  Fishing
-  Veteran Oak Trees
-  Pond
-  Play Area
-  Picnic Area
-  Toilets